



We are Refreshingly Local

Blue Crab Seafood House is committed to showcasing local flavours from ingredients raised, grown, and baked right here on beautiful Vancouver Island

CLASSICS

		<i>Upgrade hashbrowns to fresh fruit 4</i>
Coast Signature Breakfast	22	Two free-run eggs, Apple Banger Sausages, or three slices of Two Rivers Bacon, roasted tomato, hashbrowns, and choice of toast
Breakfast Sandwich	20	Two Rivers Bacon, green onion folded egg, cheddar, chipotle mayo, tomato, and hashbrowns
Buttermilk Pancakes	19	Three buttermilk pancakes with butter, berry compote, and maple syrup
Healthy Start	18	Yogurt, house-made granola, fresh fruit, and choice of toast or daily muffin
Poached Eggs	20	Two poached eggs, guacamole, roasted tomato, fresh fruit, and choice of toast
Lumberjack Breakfast	23	Two free-run eggs, two buttermilk pancakes, butter, three slices of Two Rivers Bacon and hashbrowns
Cinnamon French Toast	21	Fruit compote, maple syrup and butter, and served on cinnamon raisin bread

OMELETTES

Build Your Own Omelette	24	Three free-run eggs, hashbrowns, choice of cheddar or goat cheese, artisan toast, and three of the following:
		<ul style="list-style-type: none"> • bell pepper • green onion • mushrooms • red onion • spinach • tomato • bacon • back bacon • sausage • shrimp • smoked salmon

**add additional toppings \$2 each*

BENEDICTS

*All Benedicts are served on an English muffin with a side of hashbrowns**

Traditional Benedict	23	Two poached eggs, Canadian back bacon and classic hollandaise
Vegetarian Benedict	23	Two poached eggs, guacamole, tomatoes and classic hollandaise
Smoked Salmon Benedict	24	Two poached eggs, smoked salmon, capers and classic hollandaise
Signature Crab Benedict*	26	Served on 2 crispy signature crab cakes (<i>no english muffin</i>), chipolte mayo and guacamole

SIDES

Free-Range Egg (1)	5	Oatmeal	10	Fresh Fruit Salad	9
Free-Range Egg (2)	7	Maple Roasted Granola	8	Hashbrowns	5
Two Rivers Bacon(3)	8	Cold Cereal	7	Yogurt	6
Apple Pork Bangers (2)	8	Toast/GF toast (2)	5	Tomatoes	4
Canadian Back Bacon	8	Daily Muffin	5	Mushrooms	4
Smoked Salmon	10	Croissant	5	Hollandaise	4

DRINKS

Tazo Tea	5	Starbucks Coffee	5	Hair of the dog*	
Hot Chocolate	5	Espresso	5	Bloody Mary	12
2% Cow's Milk	4	Americano	5	Classic Caesar	9/13
Soy Milk	4	Cappucino	6	Mimosas	12
Almond Milk	4	Latte	6	(orange, cranberry, grapefruit)	
Juice	6	Mocha	6	Bailey's Coffee	11
orange, apple, grapefruit, pineapple, cranberry, tomato		Chai Latte	6	Shaft	11

**available after 9am*

Please notify your server prior to ordering about all food allergies and/or intolerances. Not all ingredients are listed.

VIHA advises: "Consumption of raw or undercooked seafood, shellfish, poultry, meats, or eggs poses an increased risk of foodborne illness."

Sausage and Bacon provided by Two Rivers BC Johnson's Farm